

Spinnaker Youth Training



2017 Season begins here!

- Spinnaker Youth Training is a pathway programme run by Spinnaker's Training Centre for the Club, and is run adjacently to but is not an RYA course.
- Aims:
 - To accommodate all abilities and see progression from beginner to racing with a view to see some of our sailors compete in Zone/Traveller series.
 - To provide a safe and fun environment to support sailors in achieving their goals, whatever their aspirations, and build a foundation for a lifetimes enjoyment of the sport
 - To provide progression opportunities for Junior sailors beyond the Optimist class into larger/faster boats and introduce them to wider sailing experiences such as double-handed/team racing
 - Provide a pathway that facilitates progression to Instructor training by age 14 for those interested in teaching

Winter Sailors' Achievements

- **Joel Traves** had a great season at the South Zone Traveller events in Regatta Fleet and trained with the Parkstone group over the winter, narrowly missing out on Zone Squad.
- **Sam Schofield** was in the Optimist Development Squad over the winter. It's an IOCA Squad for sailors 13 to 15 that don't quite make the Intermediate or National squads.
- **Kieran Young** who is in the Optimist National Squad top 24 in UK, was ranked 14th in UK. Kieran has also sailed at events in Spain and Holland over the Winter/Spring finishing 58th in a top international event in Palomos out of 350 sailors; and 14th out of 220 at the Easter Regatta in Brassermeer, Holland, another top international event.
- **Adele Young** and **Daniel Burns** who both started sailing at Spinnaker on Sunday mornings have qualified for the 420 World's and European Championships.

Who's who?

- CHIEF INSTRUCTOR Chloë Barrett
- YOUTH CO-ORDINATOR Sarah Andersen
- TRAINING CENTRE PRINCIPAL John Clarke
- OPTIMIST CLASS CAPTAIN Peter Chambers
- TOPPER CLASS CAPTAIN *Request new Topper Captain*
- LASER CLASS CAPTAIN Joe Gallivan
- COACHES
Abi Cleverly
Pippa Radford
Henry Chalk
Adele Young
Joe Gallivan

09:30

Rigged and Ready!

Group briefing by Lead Instructor

10:00

approx.

All groups on the water

11:40

Inter, Race, Topper & Lasers off the water

11:45

Race briefing by Race Hut – Top Tip!

12:00

Junior Race starts & Beg. off the water

12:30

approx.

Session end

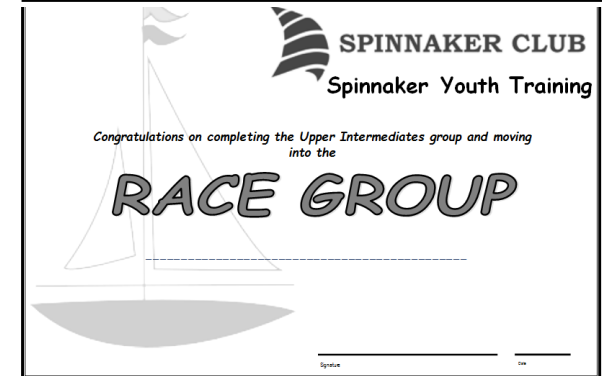
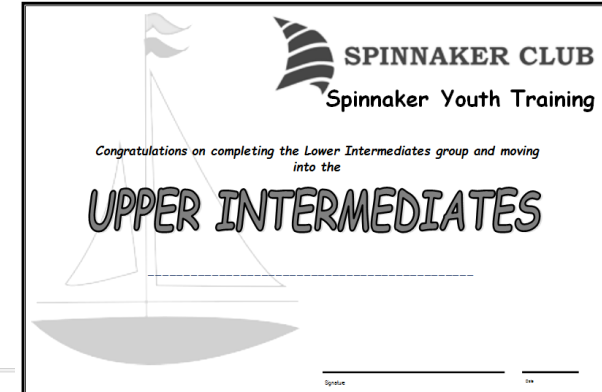
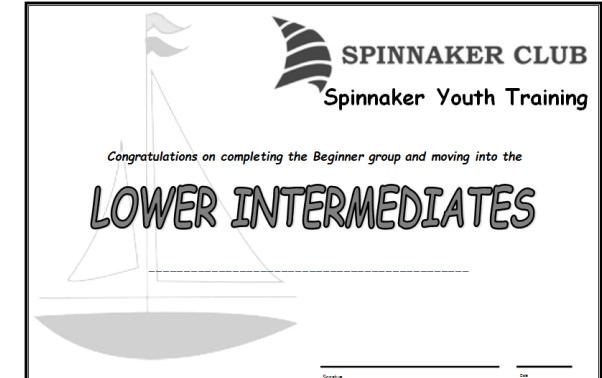
2017 Format

Group Progression

Beginners to Lowers	Tack – using correct technique Gybe – using correct technique Have basic understanding of wind direction
Lowers to Uppers	Understands and can demonstrate knowledge of Points of Sail Can sail a Triangle with little to no instruction. Has basic understanding of 5 Essentials and can demonstrate them some of the time Can tack/gybe confidently using the correct technique
Uppers to Race	Can sail upwind using the 5 essentials Can sail downwind and gybe from a run Knows the starting procedure Basic knowledge on how to start a race

Certificates and Pennants for Optimists

- All Oppies will receive a pennant to be attached to top of mast following boat check.
- **YELLOW** = Lowers
- **GREEN** = Uppers
- **RED** = Race
- Certificates and new pennants will be awarded on week 6 of each block to those who progress.
- Progression at Instructor's discretion.



Topper and Laser 4.7 Group

- Toppers and Lasers to be split into 2 groups as the group has doubled in size over the last season and we now have 20 juniors in Toppers or Laser 4.7s.

Team Racing

TEAM SPINNAKER



- Successful winter training with 10-12 sailors in Fevas each month.
- **Team Spinnaker to enter 2 teams into the Eric Twiname Team Racing Championships on the 14th-15th October 2017.**
- Training to take place during SYT – 2 out of the 6 Sundays of each block.
- Looking to expand SYT Feva training to more sailors and are collating a reserve list.
- Block 1: 21st & 28th May
- Block 2: 23rd & 30th July
- Block 3 : 3rd & 10th September
- Block 4: 1st & 8th October



Junior Race Series

- 2 series are going to run adjacently
- 1 mini series per Block
- 1 overall Junior series spanning all 4 Blocks
- All racers to sign-on at Race Hut during race briefing.
- We're not "forcing" every child to race, only encouraging.

Other Opportunities to Sail

At Spinnaker:

- RYA Courses through the summer
- Wednesday eve racing – first race at 17:30
- Friendly Fridays – starts 19th May
- IOCA /ITCA Winter Training – only 1 Spinnaker sailor at each of these great training sessions this winter despite it being at our lake!
- Open Meetings/Traveler Series – Oppy Open at Spinnaker: 16th September

Parent Volunteers

- Again we ask Parents to sign up to the Parent Rota, to assist the staff in running the sessions smoothly.
- We would like volunteers to commit to future dates where possible to aid planning
- Each Sunday we will write the boat duties up on the white board together with the coach name / rib highlighting any gaps
- We would like Parent's to support a group other than that in which their child is participating – we have found through experience that this works for sailors and coaches

SYT - BLOCK 1 - 2017						
Week	1	2	3	4	5	6
Date	7th May	14th May	21st May	28th May	4th June	11th June
Registration						
Pontoon						
Beginners						
Lower Inters						
Upper Inters						
Race Group (AI Only)						
Topper (AI Only)						
Laser (AI Only)						

Junior/Youth Supervision

- All U16s must be under the supervision of an adult club member at all times during SYT.
- If you need to pass responsibility to an alternative adult member during the session please ensure you sign the form which will be located in the SYT registration folder.
- Form looks like this:

Date	Child's Name	Responsible Adult	Designated Adult Proxy	Signed



- As stated in the Club's T&C's: "**7. Images:** From time to time authorised parties may carry out photography and/or video recording. You agree that we may use such images in promotional advertising or publicity material in any format whatsoever. You further agree that copyright rests with such authorised parties."
- The Club are looking at revamping the website and increasing our profile on social media. To do this we need to update photos of activities, to include SYT as it's the biggest Club event.
- A drone will be filming on 7th May to create a promotional video for club.
- If you do not wish your child to be photographed/filmed please inform us.



RS
Feva

Any questions?